Verona Waves & Mini-Waves

Registration

Registration for the Verona Waves season opens in May. You can register on Community Pass under Verona Waves 2023 Season Information at this link. All swimmers who sign up for the Waves (or Mini-Waves) who have MOT been a member of the travel team in the past will need to attend the morning swim evaluation in early June. At this time swimmers will be evaluated for readiness for both the Mini Waves and/or placement on the Verona Waves. Attendance at the evaluation does not guarantee a place in either swim program. Swimmers will be notified via email.

Mini-Waves

If your child is 10 or under and is interested in a non -competitive environment, then the mini-waves team is an option. The mini-waves follows the same practice schedule as the travel team but will focus on stroke development. The young swimmers will have an opportunity to race in a non-competitive atmosphere throughout the month of July with dates to be determined. Mini Waves starts at the end of June and lasts one month.

The Mini Waves Practice schedule is:

8:15 to 9:00 am Monday, Wednesday, and Friday*

Mini Waves costs \$65.00 per child for the season*

*Subject to change

Waves

The Verona Waves is a competitive summer swim team which competes in the North Jersey Summer Swim League. The goal of the Verona Waves is to develop the sport of swimming in an environment that encourages sportsmanship, leadership and achievement. The team competes in 8 dual meets during the season (4 Home / 4 Away) and a Championship meet. Waves starts on June 26 and ends on July 28. There will be no practice on July 4.

The practice schedule is:

9:00 to 9:45 am for swimmers 10 Years and under*

9:45 to 10:45 am for 11 and 12 years old*

10:45 to 11:45 am for 13 years old and over*

Waves costs \$65.00 per child for the season.*

*Subject to change

Meet Schedule

The meet schedule is to be determined for the 2025 season. Registered swimmers will receive an email regarding the schedule once it is released.